

1075 LOVU SANGAM SCHOOL
YEAR 7
ENGLISH
WHSP 16 SOLUTION

Strand: Writing and Shaping

Sub Strand: Language Features and Rules

CLO: Examine and use structurally sound sentence in a meaningful and functional manner.

TOPIC: Usage and Punctuation: Semicolon

ACTIVITY: Put a semicolon where necessary.

1. I told Sofi not to go out on Monday; however she has disobeyed me.
2. You will need a warm coat; otherwise you will be frozen in Tasmania.
3. The weather in Suva was wet; nevertheless we enjoyed ourselves.
4. Please hurry up; otherwise you might miss seeing the Duchess of York's baby on television.
5. I shall be away in Labasa in February; therefore I cannot meet captain Lino.

TOPIC: Grammar- Simple Verbs

Verbs are words that tell us about actions or feelings in sentences.

'A simple verb is usually one word that comes after the subject of the sentence.

For Example: The ball **bounced**. The children **ran**. Jone **climbed** the tree.

Verbs answer questions such as: What are you doing? What did they do? What will he do?

ACTIVITY: Underline the simple verbs in these sentences.

1. The ball **rolled** down the steep slope.
2. It **charged** across the road.
3. The children **screamed**.
4. It **came** to a village.
5. People **leapt** frantically out of its path.
6. They **ran** as fast as they could.
7. He **drove** the bus.
8. They **caught** the ball.
9. It **swam** across.
10. It **smelled** bad.

11. They **watched** from afar.
12. The children **sat** down.
13. The balloon **burst.**
14. The baby **cried** frantically.
15. They **danced** wildly

ACTIVITY: Beginning with ‘tri’.

Find a word that begins with ‘tri’ that goes with each clue. Use your dictionary to help you.

1. An athletic contest featuring three primary events. **triathlon**
2. Group of three **trio**
3. One of three children born at the same time **triplet**
4. A series which consists of three books **trilogy**
5. To multiply by three **triple**
6. A vehicle with three wheels **tricycle**
7. A three sided figure **triangle**
8. A three legged stool **tripod**
9. Able to speak three different languages **trilingual**
10. A muscle having three points of origin **triceps**

trilingual	trilogy	triathlon	triple	triceps
triangle	triplet	tripod	triathlon	tricycle

1075 LOVU SANGAM SCHOOL
YEAR 7
HEALTHY LIVING
WORKSHEET #16 Solution

STRAND: 1-3

ACTIVITY: MULTIPLE CHOICE

Circle the letter of the best answer.

1. The cardiovascular system consists of
A. heart, brain and lungs. B. heart, chest and diaphragm.
 C. heart, blood and blood vessels D. heart, hormones and the lymph.

2. The left atrium receives blood from the
A. heart. B. lungs.
C. all parts of the body. D. some parts of the body only.

3. The work of the red blood cells is to
A. protect the body. B. carry food around the body.
C. manufacture food in the body. D. assist in the clotting of the blood.

4. Blood delivers oxygen and
A. air to the cells. B. waste to the cells.
 C. nutrients to the cells. D. carbon dioxide to the cells.

5. The flap that prevent the back flow of blood to the heart is called the
 A. valves. B. ventricles.
C. pulmonary vein. D. pulmonary artery.

6. A way to look after your circulatory system is by
A. smoking. B. drinking alcohol.
 C. having balanced meals. D. having three meals in a day.

7. One of the signs of physical growth for adolescent **boys** is
A. widening of hips. B. breast development.
C. the start of menstruation. D. growth of body and facial hair.

8. The outside part of the reproductive system are called
A. genes. B. genitals. C. urethra. D. cervix.

9. Which of the following will help maintain a healthy relationship?
 A. Respect. B. Untrustworthiness C. Disloyalty. D. Injustice.

10. Influencing another person's decision by pressuring them to do things is
 A. Resiliency. B. Proactive Behaviour.
 C. Peer Pressure. D. Smartness.
11. What occurs during puberty?
 A. A change that happens during child birth
 B. A social change that happens during teenage
 C. A physical change that happens after child birth grows slowly
 D. A physical change that happens during adolescence where child grow fast
12. Between which ages does menstruation cycle normally begin?
 A. 10-12 B. 13-14 C. 7-8 D. 9-16
13. What is the function of the blood vessels?
 A. Change blood into water
 B. Carry blood to all body parts
 C. Pump blood to all body part
 D. Remove waste from the blood
14. What is reproductive system?
 A. Collection of organs in our body that is responsible for creating a new life
 B. Collection of organs in our body that is responsible for functioning
 C. Is the outside part the male organs.
 D. Is the outside part of female organs
15. Which of the following is not a blood vessel?
 A. Heart B. Arteries C. Capillaries D. Veins

MATCHING

Match the terms in **Column I** with the descriptions in **Column II**.

COLUMN I		COLUMN II
1. Adolescence	<u>C</u>	A. disagreement between people or parties
2. Testicles	<u>E</u>	B. holds the developing baby
3. Conflict	<u>A</u>	C. a period after childhood
4. Hormones	<u>D</u>	D. chemical messages
5. Uterus	<u>B</u>	E. male reproductive organ

1075 LOVU SANGAM SCHOOL
YEAR 7
ENGLISH
WHSP 17 SOLUTION

Strand: Writing and Shaping

Sub Strand: Language Features and Rules

CLO: Use various writing process to develop writing in a variety of expressive and reflective forms that use range of appropriate strategies

Spelling List

evident	inconvenient
obedient	innocent
intelligent	tournament
superintendent	brilliant
abundant	deodorant
fragrant	pleasant
informant	restaurant

Sharp Word Study Procedure

- S-** See the word
- H-** Hear the word
- A-** Adopt the word
- R-** Record the word
- P-** Proofread the word

ACTIVITY: Make new words from the list above. The first one is done for you.

1. evident - ten, tin, den, vent, net
2. inconvenient - in, on, it, ten, ton, tin, not, net, con, cent, coin, convenient
3. obedient - in, bed, on, it, ten, tin, bin, ton, den, dent, edit
4. innocent- in, on, not, tin, ten, ton, inn, ten, net, not, toe, cent, coin
5. intelligent- in, ill, tin, ten, lit, let, net, get, till, tell, gent, gel
6. tournament- on, an, are, ten, ton, not, net, our, men, man, name, tour, ornament
7. superintendent- in, tin, ten, net, super, pin, pen, tired, red, den, dine, sin, pine, pin, true
8. brilliant- in, an, ill, it, tin, lit, bat, bit, bin, tall, all, ball, bill
9. abundant- an, tan, bun, nut, tab, tuna
10. deodorant- on, ant, an, toe, tan, ten, not, net, doe, or, den, rent
11. fragrant- an, ant, tan, tag, rag, rat, rang
12. pleasant- an, ant, set, sat, let, least, pan, pen, ten, net, peasant
13. informant- in, or, on, in, it, an, at, for, man, tan, fan, fin, form, fort, from, torn, trim
14. restaurant- at, rat, tan, ten, net, rest, set, sat, ran

ACTIVITY Alphabetical Order. Put the spelling words in alphabetical order from A – Z.

- | | |
|---------------------------|------------------------|
| 1. <u>abundant</u> | 2. <u>brilliant</u> |
| 3. <u>deodorant</u> | 4. <u>evident</u> |
| 5. <u>fragrant</u> | 6. <u>inconvenient</u> |
| 7. <u>informant</u> | 8. <u>innocent</u> |
| 9. <u>intelligent</u> | 10. <u>obedient</u> |
| 11. <u>pleasant</u> | 12. <u>restaurant</u> |
| 13. <u>superintendent</u> | 14. <u>tournament</u> |

ACTIVITY: One word is missed out in the following sentence. Fill in the blank with a word from the spelling list.

1. The hockey tournament will be held in Levuka this year.
2. Ana will meet Fina for dinner at the restaurant on Friday.
3. The innocent child didn't know what was going on.
4. Dad got a pleasant surprise for his birthday.
5. The abundant supply of vegetables was evident in the market on Saturday.
6. The superintendent from Nabua Police Post visited our class last week.
7. It was evident from the exam results that they didn't study.
8. She had a brilliant idea.
9. It's always wise to put on deodorant after a good bath.
10. It was inconvenient of her to be late.
11. The informant was caught in Russia.
12. Rachael is an obedient child.
13. Julie loves the fragrant smell of Makosoi.
14. Samantha is a very intelligent girl.

ACTIVITY: WORD SEARCH- Circle the words given. The first one is done for you

X T N A R O D O E D Q K V O M
 N H B X A I X X H X X E T A O
 F S U P E R I N T E N D E N T
 F W N S K D H P V D R T H T W
 I F T F T D Y I P E M N N E F
 O R E B A I D L S B G E R I G
 U A R L P E E T R I I C O N Z
 R G C Y N A A I T N T O Z F V
 N R V T S U L M E Z B N Z O K
 A A D A R L M V Z N Y N Y R W
 M N N A I L N P Z V H I L M E
 E T N A G O B E D I E N T A O
 N T N U C A B U N D A N T N M
 T T Y N F Q X H O U C Z Z T I
 B S I N T E L L I G E N T J D

- ABUNDANT ✓
- BRILLIANT ✓
- DEODORANT ✓
- EVIDENT ✓
- FRAGRANT ✓
- INCONVENIENT ✓
- INFORMANT ✓
- INNOCENT ✓
- INTELLIGENT ✓
- OBEDIENT ✓
- PLEASANT ✓
- RESTAURANT ✓
- SUPERINTENDENT ✓
- TOURNAMENT ✓

1075 LOVU SANGAM SCHOOL
YEAR 7
HEALTHY LIVING
WORKSHEET #17 SOLUTION

STRAND: 1-3

ACTIVITY: True and False

Write True or False for the following:

1. Values are our fundamental beliefs. True
2. We need to respect each other in any relationship. True
3. The male reproductive system consists of the uterus and cervix. False
4. White blood cells are the soldiers of the body. True
5. All peer pressure is bad. False
6. HIV is spread by shaking hands with someone. False
7. AIDS has no cure. True
8. The way you look is more important than the way you behave. False
9. We should not accept who we are. False
10. The lower chambers of the heart are the atriums. False

FILL IN THE BLANKS

Choose a correct word from the box and fill in the blanks.

oxygen	valves	natural	veins	vessels
hormones	choices	right	males	voluntary

1. Blood travel around the body in blood vessels
2. We have a right to education.
3. Valves prevents the backflow of the blood.
4. Red blood cells carry oxygen around the body.
5. Red Cross helps people in times of natural disaster.
6. Chemicals that tell our body it's time to change is called hormones.
7. Non-government organisations are voluntary organisations.
8. Expectations from males are different from females.
9. Peer pressure can be avoided by making good choices.
10. Veins carry deoxygenated blood back to the heart.

1. Fill in the Blanks.

Complete each sentence by using one word from the Word List given below. Write the answers in the **Answer Booklet**. Do not use the same word more than once.

Word List

sick	disease	food	handkerchief
drain	toilet	freely	spit
healthy	regularly	air	

Preventing Air-borne Diseases through Good Habits

Always cover your mouth and nose when coughing or sneezing.
Stay in bed when you are _____. If you go near other people, you may pass on the _____ to them.
Keep windows open to allow _____ to move in and out _____.
Do not _____ on the ground. If you have to spit, spit in the _____ or in a _____, or the hand basin where the sputum can be washed away. Do not spit in the kitchen sink. If a paper _____ is used to trap sputum or nose discharge, burn the paper.
Keep your body healthy by eating good _____ and exercising regularly.

SOLUTIONS FOR FILLING IN THE BLANKS

1. sick
2. disease
3. air
4. freely
5. spit
6. drain/toilet
7. toilet/drain
8. handkerchief
9. food

1075 LOVU SANGAM SCHOOL
YEAR 7
VOSA VAKA VITI
WHSP 16 Solution

Matana: Na i Vakarau Vakavanua

Matana Lailai: Vanua kei na Veika Bula.

CLO: Na veiwekanitaki ni veika bula kei na noda bula vakaitaukei.

NA VOSA VAKA-VITI

Digitaka na vosa e tautauvata na kena i balebale kei na kena e toqai koto na rukuna.

1. Tovolea mo sauma kece na taro ni veitarogi
A. manata
 B. guraka
C. segata
D. waraka
2. Dau kerea na ka ko yinakata.
A. besetaka
B. marautaka
 C. taleitaka
D. cata
3. E dau taleitaki na gone e maqosa na nona i tovo.
A. matalia
B. galugalu
 C. rakorako
D. vosa levu
4. E a curu botolaki yani e na gauna ni lotu.
A. vakaboto
B. ladelade
 C. vakasauri
D. vakamalua
5. E na caka tiko na veitarogi e na macawa mai oqo.
A. vakatau
B. vakayacori
C. vakavuna
D. vakatauca

Digitaka na vosa e veibasai na kena i balebale kei na vosa ka toqai na rukuna e na veiyatuvosa ka koto e ra .

6. E rarama na vanua ni sa cabe na matanisiga.
A. sila
 B. dromu
C. basika
D. seyavu
7. Sa tubera na kamunaga ko matanivanua.
A. solia
B. taura
C. cobota
 D. ciqoma
8. E bulabula na loga uvi nei Waqa.
A. tubua
B. vakalewe
C. savasava
 D. matemate
9. E dau coki na i sulu mai na wa ni sa mamaca.
 A. rube
B. taqa
C. uru
D. luva

10. E dredre na varota na kau e vavaku.
 A. bibi
 B. mamada
 C. kaukauwa
 D. mamare
11. E dau cocoka ko Qauqau. Na vosa cava e na yatuvosa e **nauni**?
 A. cocoka
 B. dau
 C. Qauqau
 D. ko
12. Na vosa ka sucu mai na yavu ni vosa na **cobo** na
 A. cobaraka
 B. caboraka
 C. vakacobocobo
 D. cobari
13. Na **i yatuvosa** cava e dodonu vinaka na kena volai?
 A. au dau la'ki lotu e na siga tabu.
 B. Au dau la'ki lotu e na siga tabu.
 C. au dau la'ki lotu e na Siga Tabu.
 D. Au dau la'ki lotu e na Siga Tabu.
14. Na vavai e dua na mataqali _____.
 A. uvi
 B. uto
 C. dalo
 D. tavioka
15. Na i yatuvosa cava e vakaibalebaletaki tiko ki na lewe rua?
 A. Oqori na keitou kakana.
 B. Oqori na keirau kakana.
 C. Oqori na keimami kakana.
 D. Oqori na kedratou kakana.
16. Ni suru na belo e kena i balebale ni sa
 A. daro na i naki
 B. sa vakarau tu na ka kece
 C. dredre na i tavi
 D. sa suka na cakacaka
17. **Vakacuruma e na vanua e lala koto, na vosa ka veiganiti kei na kena la'ki kau mai na kakana e rau cavuti e na i yatuvosa e ra**
 E ra a la'ki canu kaikoso mai na goneyalewa ka era la'ki keli uvi mai na cauravou.