

WHSP 25

# NADI SANGAM SCHOOL



YEAR 7

**1076 NADI SANGAM SCHOOL**

**YEAR 7**

**SOCIAL STUDIES**

**WEEKLY HOMESTUDY PACKAGE 25**

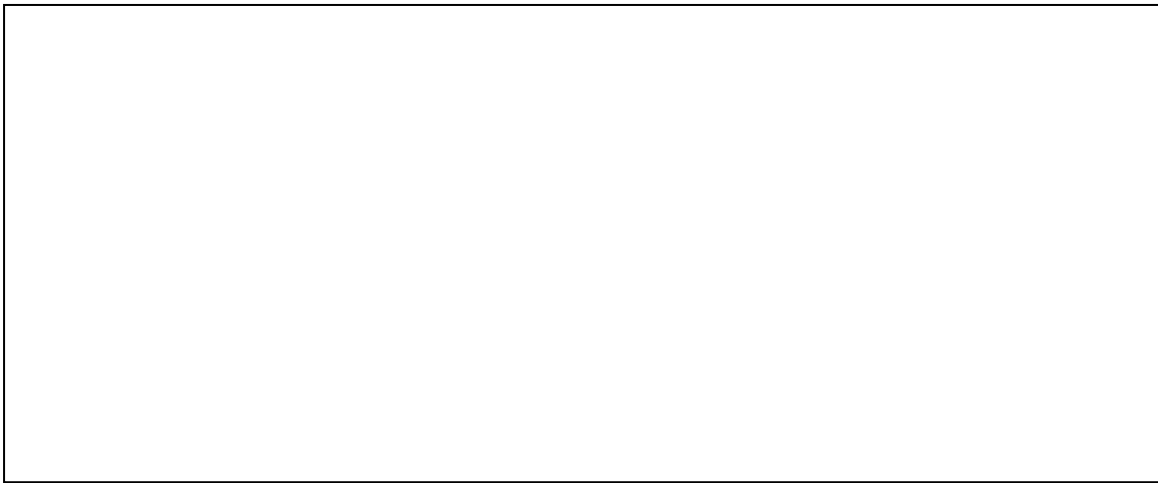
**Creativity**

You are allowed to draw with your pencil and you may use colours in this question only.

(a) Draw and label **two** common hazards that usually affect the Pacific island countries.

**Give a title to your drawing.**

**TITLE:** \_\_\_\_\_



(b) Explain how the hazards affect the lives of people and the environment.

---

---

---

---

---

---

---

---

1076 NADI SANGAM SCHOOL

YEAR 7

ENGLISH

WEEKLY HOMESTUDY PACKAGE 25

POETRY

1. Read the extract below and answer the questions that follow.

**THE ME THAT I CAN SEE**

*In the mirror I can see  
A copycat who plays with me  
I wrinkle my nose and he does, too  
His mouth gets round when I say, " Boo!"  
I wiggle my tongue like this and that  
And so does he, that copycat  
He has my teeth, my ears, my eyes  
And everything is just my size  
Who is that copycat I see?*

**Anonymous**

- (i) Describe what the poem is about.
- (ii) List **two** examples of words that rhyme.
- (iii) State who the copycat is.

- 2.

**LIST OF POEMS**

Leaves - Konai Helu Thaman  
Low Tide - Barbara Beveridge

- (a) Write down **one** title from the list given above.
- (i) State why you like the poem.
- (b) Write the title of **another** poem from the list.
- (ii) What is the tone of the poem?
- (iii) What important lesson did you learn here?

**1076 NADI SANGAM SCHOOL**  
**YEAR 7**  
**HEALTHY LIVING**  
**WEEKLY HOME STUDY PACKAGE 25**  
**REVISION**

**MATCHING**

<b>Column 1</b>	<b>Column II</b>
i. The system of organs and tissues, including the heart, blood, and blood vessels.	A. accountability
ii. The state of being liable or answerable to a decision or action	B. addiction
iii. A state, especially of need for help or relief, created by some unexpected event.	C. circulatory
iv. The state of being free to a habit or practice.	D. emergency
v. Threatened with extinction	E. digestive
	F. reliability
	G. endangered

**TRUE OR FALSE**

- (i) Scabies don't cause severe itching.
- (ii) Everyone has a role in community wellness.
- (iii) White blood cells are also called the soldiers of the body.
- (iv) Stress is what we feel when we think we've lost control of events.
- (v) For girls, early physical changes begin at secondary school age.
- (vi) Emotional problems are causes of threatening behaviour.

**1076 NADI SANGAM SCHOOL**  
**YEAR 7**  
**BASIC SCIENCE**  
**WEEKLY HOME STUDY PACKAGE 25**

**TRUE OR FALSE**

Write (**T**) for True and (**F**) for False for the following statements in the spaces provided.

	_____	1.	Wind gives more energy than fuel.
	_____	2.	The food you eat contains chemical energy.
	_____	3.	Fossil fuels take hundreds of years to form.
	_____	4.	Plants get their energy from water to make their food.

Fill in the blanks with words provided in the word list.

<b>Word List</b>		
trees	change	good
saved	stop	

Energy can be \_\_\_\_\_ if it is used wisely. Wood energy can be plentiful if we keep on planting \_\_\_\_\_. Being energy wise today will take us to a \_\_\_\_\_ and healthy future.

**1076 NADI SANGAM SCHOOL**  
**WEEKLY HOME STUDY PACKAGE 25**  
**MATHEMATICS**

**Year 7**

1. What fraction of 60 is 36?
2.  $60 \times 79$

3. How many hundreds in 1.1
4. 75 garden forks at \$16.00 a hundred
5. A case of tomatoes weighing 20kg cost \$3.00. How much a kg?
6.  $7 \times 8 + 29 =$
7.  $99c \times 7 =$
8. How many times can you take  $\frac{1}{10}$  from  $\frac{1}{2}$  ?
9. Angle between hands of a clock at 2 o'clock.
10. If 8kg lamb cost \$184. What is the cost for 3 kg?
11.  $347 \times 6 =$
12.  $\$5.00 - \$3.35 =$
13.  $4 + \frac{4}{10}$
14.  $9 \times 4 + 14 =$
15. 2.5 of a dollar

**1076 NADI SANGAM SCHOOL  
WEEKLY HOME STUDY PACKAGE 25**

**HINDI हिन्दी  
Year7**

**बोधन - COMPREHENSION**

‘परोपकार’शब्द का अर्थ है पर और उपकार तथा दूसरों का उपकार करना । अपने को सुखी बनाने के लिए प्रत्येक मनुष्य हर प्रकार का कष्ट उठाता है । जब हम दूसरों की भलाई के लिए कष्ट उठाते हैं तो यही परोपकार है।

परोपकार में अपना स्वार्थ नहीं देखा जाता । परोपकार मनुष्य दूसरों की भलाई करके विशेष अर्नन्द का अनुभव करता है । परोपकार ही सबसे बड़ा धर्म है । परोपकारी इन्सान की इज्जत दुनिया करती है ।

परोपकार का ज्ञान हमें प्रकृति से मिलता है । सूर्य, चाँद, धरती से हम सब कुछ प्राप्त करते हैं पर देते कुछ नहीं । इसी प्रकार नदी, नाले, समुद्र, वृक्ष, हमें जल, भोजन तथा फल प्रदान करते हैं ।

आजकल परोपकारी व्यक्ति कम मिलते हैं । बुराई के बदले बुराई करना मनुष्य का स्वाभाविक गुण है । जो बुराई के बदले भलाई करे वह महात्मा है । पर जो भलाई के बदले, बुराई करे वह दुष्ट कहलाता है ।

हम सभी को चाहिए कि परोपकारी बनें । आज यदि सब लोग परोपकार की भावना अपनाएँ तो सारे दुख सुख में बदल जाएँगे । प्रत्येक देश क्या संसार भी स्वर्ग हो सकता है ।

नीचे दिए गए सवालों के जवाब पूरे वाक्य में लिखो ।

१. परोपकार शब्द का क्या अर्थ है ?
२. क्या परोपकारी मनुष्य अपना स्वार्थ देखता है ?
३. परोपकार करने के बाद हम क्या अनुभव करते हैं ?
४. समाज में आजकल परोपकारी की संख्या कितनी है ?
५. महात्मा व्यक्ति कैसा होता है ?
६. परोपकार की भावना से क्या लाभ है ?
७. पाठ में आए “भावना” शब्द का पर्यायवाची शब्द क्या है ?
८. दुष्ट व्यक्ति कैसा है ?
९. परोपकार का ज्ञान हमें प्रकृति से कैसे मिलता है ?
१०. इस संसार को हम स्वर्ग कैसे बना सकते हैं ?